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## The SHPCA Conference is Back and Includes the Annual General Meeting!

### CARING ACROSS THE SEASONS

Friday, April 27, 2018

Wascana Rehabilitation Centre / Auditorium

2180 23rd Ave., Regina, SK S4S 0A5

8:15 am - Registration

**KEYNOTE:** Julie Keon: 2 Sessions

“The Seasons of Mothering my Medically Fragile Child” and  
“What I Would Tell You -The Medical Professional”

Author of the Book - What I Would Tell You- One Mother’s Adventure with Medical Fragility, Life-Cycle Celebrant and end-of-life educator. Julie’s book follows her journey of mothering her medically fragile child and brings guidance in dealing with end-of-life issues for families, volunteers and healthcare professionals. She shares her wisdom and the emotional realities of living well despite her daughter’s prognosis. “We must parent our children through death as we did through their lives: with deep respect and love and by following our intuition always.”

**Also:** Dr. Carmen Johnson, Palliative Medical Director / Regina will present on the symptom “Delirium and its Management at End-of-Life”, in all settings.

**Then:** Bernard’s Story – A personal story of Palliative Support  
Followed by:

Agenda items:

- 2017 Reviewed Financial Statements
- Dr. Zach Thomas Education Award
- President's Report
- Nomination Report

## **Dr. Zach Thomas Education Award We need submissions!**

### **Who do you know that demonstrates excellence in the field of palliative care?**

This award symbolizes the dedication, compassion and desire that Dr. Zach Thomas had to further advance palliative care. It also recognizes those individuals who demonstrate excellence in the field of palliative care.

Through the establishment of this award, it is hoped that more opportunities will be made available to those interested in ongoing education and excellence in the provision of palliative care services.

The award is presented on a yearly basis, to a maximum of \$1,000 with this year's **submission deadline being April 20, 2018**. Submissions should be made in writing to the Saskatchewan Hospice Palliative Care Association. The application form is available [HERE](#). **When applying, please include 2 letters of reference and provide any other pertinent material that may help with the evaluation of the application.**

The successful applicant will be advised in writing of the decision of the Board of Directors. It is expected that the recipient will be in attendance at the April 27, 2018 Annual General Meeting in Regina to receive the award.



## Meet Bernadette Schneider SHPCA Director

Bernadette Schneider has spent her entire life in the Shaunavon area of southwest Saskatchewan, where she raised her family of four. She pursued various career opportunities and became a dedicated volunteer in many facets of small town community life. She is a licenced Funeral Director and a Certified Funeral Celebrant. It is through this work over the past 20 years that she developed a passion for palliative and hospice care. She was delighted when an opportunity arose to sit on the Saskatchewan Hospice Palliative Care Association Board, and presently works as a volunteer for the Cypress Health Region.

## The “Compassionate Care Coalition of Saskatchewan” is a reality!

SHPCA; the Canadian Cancer Society, Saskatchewan Division; ALS Society; Alzheimer Society; Huntington Society; Heart and Stroke Foundation; Saskatchewan Lung Association; SANCTUM; Aids South Saskatchewan and Kidney SK have formed the Compassionate Care Coalition of Saskatchewan to advocate for better and more hospice palliative care throughout the province.

Terms of Reference have been created for the coalition and currently our Chair is Mike Richter, Executive Director of the ALS Society. We’ve had first meetings with provincial government representatives as well as providing input to the updating of “Guidelines for Developing an Integrated Palliative Care Service”.



## Meet Corporal Tracey Dunnigan SHPCA Director

Tracey was hired on December 31, 1998 and is in her 20th year of policing with the Regina Police Service and was promoted to Corporal on January 8, 2009.

She has served in the following areas:

- Patrol
- School Resource Officer
- Cultural & Community Diversity Unit

Most recently, a secondment to Saskatchewan Justice and is the SPARC (Saskatchewan Police Aboriginal Recruitment Committee) Coordinator.

### ACHIEVEMENTS:

- Awarded the YWCA's annual Women of Distinction Award for Cultural Heritage in 2009;
- Recipient of the Saskatchewan Association of Chiefs of Police Public Education Award;
- Developed numerous initiatives to increase and maintain strong working relationships with the First Nations community and all diverse communities in Regina;
- A member of numerous community committees, including Sisters in Spirit; and is a
- Driving force in actively creating interest and opportunity for employment with the Regina Police Service in the ethnic and Aboriginal communities.

SHE IS A TRUE LEADER TO HER PEERS AND COMMUNITY

## Canadian Hospice Palliative Care Association NEWS!

**Advance Care Planning - #ACPD2018 is only a month away!**

This year's theme for National Advance Care Planning Day (April 16) is **My ACP Team**. When we have a health crisis or serious illness, we need to

care during a health crisis are all part of our team, and a strong team is one that communicates and knows the plan before something happens.



**Don't forget to support our Thunderclap campaign!**

On April 16, a unified message about ACP Day will be sent out through our supporters' social media accounts (Facebook, Twitter, etc.). Our goal is to reach 100 supporters, so please pass the invitation forward along with the [campaign kit](#).

**National Hospice Palliative Care Week**

May 6 – 12, 2018 – details will be available soon on CHPCA's website

**CHPCA's 2018 Learning Institute**

Don't forget CHPCA's 2018 Learning Institute at the Brookstreet Hotel in Kanata, ON from June 14-16, 2018. The APC in Canada Stream will involve interactive sessions toward creating a national partnership framework between healthcare providers and community organizations. There are 6 streams to choose from. Early bird registration ends March 31, 2018. Register [HERE](#).

**Canadian Frailty Network/Geriatric Research – Competition**

CFN has launched a nation-wide competition to spotlight Canada's best emerging or existing innovative approaches to improving the lives of older Canadians living with frailty and all responsible for their care. The selected innovations will be unveiled at the CFN FRAILTY MATTERS Innovation Showcase (Toronto: September 20, 2018) during the CFN National Conference in Toronto. CFN is partnering with the Canadian Foundation for Healthcare Improvement (CFHI) and the Canadian Institutes of Health Research -- Institute for Aging (CIHR-IA) and others to present this showcase.

The innovators will have a unique and valuable opportunity to share their work with healthcare leaders, senior decision makers, other CFN National Conference attendees and the media. All selected innovations will receive a 2018 Frailty Innovation Award and be presented in a showcase format. The top-five applicants will be chosen to make a special plenary presentation to the conference. One of this group will be announced from the stage as the 2018

**selected innovations.**

The network is looking for a wide variety of submissions, including: citizen-led initiatives; community volunteer programs; service provision; delivery; training in all settings of care (home residential/long-term care facilities, acute, primary and palliative); policies and practices (advance care planning, legal and legislative); and determinants of health influencing frailty, like nutrition, exercise, mobility, dental health, and social factors. Winning submissions could become a focal point for projects/initiatives with CFN and its network of partners across Canada. **Submissions are being accepted until April 12, 2018.**

Send us your Hospice and Palliative Care related article submissions or events to go in the newsletter by clicking [HERE](#).

## Events and Other Information

**April 12 - May 17, 2018**

### **French Medical Oral Communication Class**

**6 pm to 8.30 pm**

Would you like to improve your French in order to use it with your patients? The Continuing Education Department at La Cité universitaire francophone, University of Regina, invites you to take part in a French intermediate level class with an emphasis on medical terminology for health professionals and students of that field. Classes are held in Regina, and Saskatoon at the University of Saskatchewan with videoconferencing.

This course is offered for 6 weeks on Thursdays from April 12 to May 17.

Participant requirement is to have French intermediate level in oral comprehension and conversational skills. **Cost to attend this non-credit class is \$165 and spaces are limited.** Please contact Marie-Eve Bussi eres at 306 337-2616 or [centrefr.cite@uregina.ca](mailto:centrefr.cite@uregina.ca) for questions or registrations.

**Friday, April 27, 2018**

### **2018 Conference, Caring Across the Seasons**

**Wascana Rehabilitation Centre in Regina.**

MARK YOUR CALENDARS for the 2018 SHPCA Conference "Caring Across the Seasons". This is a one day conference open to health care workers, volunteers and the public with amazing speakers and includes a trade show. Watch for further details early in 2018.

## **Crisis in Saskatchewan**

**8:00 am to 1:15 pm**

### **Marquis Hall, University of Saskatchewan**

This half-day conference will include the following speakers:

- **Dr. Carrie Bourassa**, Scientific Director  
Institute of Aboriginal Peoples' Health
- **Dr. Alexandra King**, Chair in Indigenous Health  
University of Saskatchewan Cameco
- **Dr. JoLee Sasakamoose**, Director, Indigenous Peoples' Health Research Centre  
University of Regina;

**May 6, 2018**

### **Hike for Hospice**

**May 6 – 12, 2018**

### **National Hospice Palliative Care Week**

**May 9 - 11, 2018**

### **Dignity Therapy Training Workshop**

#### **Winnipeg, Manitoba**

This intensive 2 ½ day workshop led by Dr. Harvey Chochinov is a dynamic blend of lectures, small-group discussions, demonstrations of Dignity Therapy (live and videotaped), and plenty of hands-on opportunities for participants to practice carrying out this novel intervention. Register early to avoid disappointment. Register [HERE](#).



## Membership Renewal

### ALL MEMBERSHIPS EXPIRE APRIL 30

It's that time of the year to renew membership in SHPCA but if you attended a LEAP course in Saskatoon in February/March or if you are attending the SHPCA Conference scheduled for Friday, April 27, 2018 in Regina, your membership dues are already included in the fees for those events!

If you are not included in the above events, you can quickly renew by downloading the membership form on our website and mailing it with a cheque to the SHPCA office or by emailing the form with credit card information to [info@saskpalliativecare.org](mailto:info@saskpalliativecare.org) . Membership fees are \$55 annually.

You can find the form [HERE](#).

By renewing membership with the association, your benefits include:

- Being a part of the new Compassionate Care Coalition of Saskatchewan
- Quarterly E-Newsletter from SHPCA & CHPCA
- Access to the Canadian Hospice Palliative Care Association and its Education Network
- Reduced rates to the National Conferences and Education Seminars
- Reduced rates to Provincial Education Seminars and Events
- Access to high quality educational events and resources
- Information on national and provincial hospice and palliative care initiatives
- Access to latest hospice palliative care research
- Access to the CHPCA Nurses Group (extra \$20)
- Eligibility to apply for the Dr. Zach Thomas Award (deadline April 20, 2018 this year)

**Subscribe**

**Past Issues**

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formed coalition. Renew today.

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